

“We chose Pressalit due to good experience, smart solutions and high quality”



### OSKARSLUND IN KARLSTAD

is a modern facility for people with dementia, cleverly designed and characterized by successful solutions. Closeness to nature, a sense of home, and being able to live as independently as possible were some of the most important points when the residential care centre was created, and Pressalit Care's products were the first choice for individual bathroom solutions.





**From the left:**

Micael Johansson, Project Leader, Karlstad Municipality,  
Ann-Sophie Gustafsson, Development Manager, Karlstad Municipality,  
Per Nielsen, new Head of Unit at Oskarslund

## Behind the Building

The sun shines in Karlstad, over Oskarslund, a dementia care facility built in 2016. Here, nearly one hundred persons live in close connection to nature, with facilities designed to allow each individual to be as independent as possible. The flexible products from Pressalit Care were the natural choice for bathroom solutions, since they had been successfully used in another residential care facility.

Compared to what prognoses had shown, there was a significant increase in the number of people in need of residential care. One dementia care home had to close down due to inadequate facilities, and it was clear early on that Zakrisdal, built in 2011, would not be sufficient. This meant that in 2013, a rapid journey began for the team commissioned to build an entirely new dementia care facility.

### Strength of Experience

Project leader Micael Johansson was part of the entire process, from pre-study and sketches to the completed building, and the experiences from Zakrisdal were important:

- Since we had the entire project organisation already set up, work was more efficient. We built Oskarslund twice as big, twice as quickly as Zakrisdal, at the same high quality or slightly higher. Since we kept track of finances the entire time, we were able to use smart solutions, for instance, shock absorbing flooring to prevent fall injuries.

### Safety in Quality

Products from Pressalit Care were chosen once again since the experiences from Zakrisdal were so positive. Micael says:

- During these years, there have been no complaints at all, which makes us feel confident about the quality of the products. Also, Pressalit has developed the products so that they are easier to wipe clean and even more hygienic





### **Guiding Colour**

Colour is a theme throughout the residential facility, because colour tends to stay in the memory of even those with severe dementia. Calm earth tones, such as rust and forest green, work as guides in the building.

Per Nielsen came to Oskarslund as a new head of unit:

- It was big, new, fresh and modern. The departments are all colour-coded, and the colours carry on into the bathroom decor. Contrasts are also important; being able to clearly see, for instance, handles and shower seats in the bathrooms.

He returns to the sense of home. Oskarslund has a large café which opens up in front of the visitor who walks into the building.

- We also have a spa and a sun room, where the residents can sit and warm themselves during winter, listening to the sound of waves. This should be a nice place to live, not like an institution.



### **Oskarslund was created by:**

PEAB, Design and Build Contractor

Ann-Sophie Gustafsson,  
Development Manager,  
Karlstad Municipality

Conny Andersson, Project Leader,  
Karlstad Municipality

Micael Johansson, Project Leader,  
Karlstad Municipality

Architect Ingela Marberg, Tengbom  
Arkitekter

### **Welfare Technology and Individual Solutions**

Just as important as quality was that the products were flexible enough to fit each individual. Ann-Sophie Gustafsson, project leader responsible for organisational issues, worked on both Zakrisdal and Oskarslund:

- Welfare technology is things that make it easier for people to handle their daily lives as well as possible on their own, and Pressalit's products fit well into that picture. They have products that help each individual to be as independent as possible for as long as possible, and you can adapt each bathroom so that it works just as well for people of different heights. Also, since you don't have to bring other aids into the bathrooms, it makes the environment feel more like home.



### About the Care Facility Oskarslund

- Oskarslund is located close to the centre of Karlstad and was built in 2016.
- There are 3 units, each with its own courtyard.
- On one side of the building, all doors are unlocked and there is a forest environment with a protective fence, allowing the residents to wander freely.
- There are 95 apartments on 2 floors.
- Each apartment is 38 square meters.
- Oskarslund is characterized by the guidelines for dementia care, which state, among other things, that residential facilities should have a sense of home, be small-scale and not like institutions.
- The design and planning allow for the residents to be as independent as possible for as long as possible.

### Products Selected

- Height adjustable wash basins
- Height adjustable toilet
- Movable shower armature with a handrail which also works as a towel rack
- Support arms
- Shower seat
- Armrests
- Accessories: baskets for wall tracks
- Everything except the toilet can be moved

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### Bathroom and kitchen solutions for people with special needs

Pressalit Care is an area of business within Pressalit. Pressalit is a 100% privately owned Danish company. Pressalit is represented in approximately 45 international markets and has around 350 employees. In the 70's, apart from toilet seats – Seat – bathroom products for people with special needs – Care – were developed. Later, flexible kitchens, shower benches and a series of nursing